

SUPER QUEST SUMMER CAMP, 3-12 YRS

Super Quest Summer Camp is an adventure-filled 3-hour camp for children ages 3-10 yrs. Each camp theme is based on fun, exciting activities, and challenges to complete each day! Each day of camp involves a fun, creative storyline and music that will incorporate opportunities for the kids to exercise their muscles, their imaginations, and their cooperation skills!

June 6th-10th

TLG TUMBLE & CHEER

5,6,7,8 who do we appreciate?! The Little Gym! Get ready to tumble, cheer and dance your way through a week full of TLG spirit!

June 13th-17th

WHO IS YOUR HERO?

This camp celebrates and honors those heroic uniformed men and women who keep us safe each day! Police officers, Fire Fighters, and Paramedics are just a few of the everyday heroes' campers will learn about during this fun and educational camp. *Special guest appearances from our local rescue heroes!

June 20th-24th

PAJAMA PARTY!

Come in your PJ's and be ready to PARTY The Little Gym Way! The Super Kids are welcome to wear their pajamas during this outrageously fun adventure! Games, challenges and even some Hip Hop Dance will make this Pajama Party a Quest to remember!

June 27th-July 1st

SHIPWRECKED! A PIRATE PARRTAY!!

Ahoy landlubbers! It's time to set sail on Green Beard the Pirate's Galleon! Each day our little pirates will be sailing to a new island to take part in a new adventure and find new treasures! *Special guest appearance from Pirate Green Beard!

July 5th-8th

UNDER THE SEA!

Have you heard of the Mermaid – and Merman – Palace that has been missing at the bottom of the Blue Tumble Sea? This week, the Super Kids embark on incredible “underwater” adventures to find the Missing Palace, making new friends along the way! Who knows what special surprises await?



SUPER QUEST SUMMER CAMP

July 11th-15th

ANIMAL ADVENTURES

Puppies, guppies, chickens, and ducks! This immersive animal adventure will include games, crafts, and animals of all kinds. Each day your child will boost their brains and their bodies while developing a love and respect for the animals all around them! *Special animal appearances!

July 18th-22nd

SECRET AGENT GYMS BOND

“My name is ‘Bond’, ‘Gyms Bond’! Our Super Kids will have an adventure-packed week pretending to be “secret agents”. Each day the Super Kids will join ‘Gym’s Bond’ for fun challenges, creative activities, and games!

July 25th-29th

TLG CRAZY CARNIVAL

The Super Kids will experience seriously fun adventures at the Crazy Carnival! Using our safe equipment, music and imagination they will explore exciting carnival rides and wacky games with friends at The Little Gym! Oh, and don't forget about the carnival “Talent Show” on the last day! “Come one, come all to TLG's Crazy Carnival”!

August 1st-5th

HARRY'S SCHOOL OF MAGIC

Abracadabra, alakazam, let's fly to Harry's School of Magic as fast as you can! Each day will be a truly magical adventure with mysterious obstacles and mazes as the Super Kids practice taking risks and building self-confidence, all while making new friends! It will be a wonderfully wizardly time!

August 8th-12th

DINOSAUR ADVENTURE

Let the adventure begin! Triceratops, Velociraptors, and dinosaurs of all kinds come alive in our Jurassic Gym! Each Super Kid-osaurus will experience prehistoric adventures using big body play, directive activities and thrilling games! They will make their way through the muddy wetlands, dig for fossils and follow the massive footprints to discover the beauty of these prehistoric creatures!

SKILL THRILL SUMMER CAMP, 6-12 YRS

Is your child excited to finally learn – or perfect – a Cartwheel? Handstand? Back Handspring? Back Tuck? Skill Thrill Camps focus on a specific skill and/or conditioning to offer the perfect combination of skill-building, fun and success! The Little Gym's new Skill Thrill Camps are just the thing to take your child's gymnastics skills to the next level by providing them with a more intense gymnastics skill-building opportunity. By the end of each camp, your child will have made significant strides towards learning the skill of focus.

June 13th-17th

CARIBBEAN CARTWHEELS & HANDSTANDS

Cartwheels and Handstands are the “gateway skills” that will lead the beginning/intermediate level gymnast toward learning Round-Offs, Back Handsprings, Front Handsprings, and more! Because Cartwheels and Handstands are both “upside down” skills, they do wonders for building your child's upper body and core strength, too! Learning and perfecting Cartwheels and Handstands are a “must” for young gymnasts!

June 27th-July 1st

AMAZING AERIALS

Is it possible to do a “no-handed cartwheel”? YES – this skill is called an “Aerial”! While advanced-level gymnasts may be perfecting their aerial or learning to link their aerial to other skills, beginning and intermediate gymnasts will have the opportunity to grow their cartwheels as they journey through the many skill progressions to learn the intricacies of this exciting skill. This Skill Thrill Camp may be just the thing for those kids who are “THAT CLOSE” to doing their aerial by themselves! This week may just do the trick!

July 11th-15th

OUT OF THIS WORLD WALKOVERS

Are you ready to walkover out of this world?! Walkovers are not only incredibly fun, but they are crucial to the development of future skills like back and front handsprings! This skill thrill camp will fine-tune technique for front and back walkovers, all while building the gymnast's mental strength and confidence!

July 25th-29th

BACK HANDSPRING BONANZA

This Skill Thrill Camp is perfect for kids who are ready to learn the Back Handspring! It's also great for those kids who have learned a Back Handspring – but are ready for more advanced Back Handspring, and power tumbling variations. A three hour “Back Handspring Bonanza”! What could be more fun?

August 8th-12th

BACK TUCK BEACH

Yes – we're going to “Back Tuck Beach”! Back Tucks (back flips) are not only a BLAST! – they are also easier to learn and perform than one might think. All it takes is some confidence-building, practice and repetition! And that's just what this Skill Thrill Camp will provide. Your gymnast will have opportunities to learn the Back Tuck, and/or to perfect this skill and link the Back Tuck in a series of other tumbling skills, i.e., Round-Off, Back Handspring, Back Tuck!

**In order to provide the best possible experience for all campers, Skill Thrill camps will be offered only in the afternoon from 1:00 pm to 4:00 pm!

SKILL THRILL SUMMER CAMP

