

# The Pillow Project

**The Pillow Project** is collaboration between churches, local organizations and CAC to work together to help homeless families, individuals, and seniors that CAC places into housing.

Providing basic household items gives these individuals and families a fresh start in housing, while also increasing their housing stability.

Please help these households achieve stability in permanent housing by helping to provide those items that many of us take for granted.

## ITEMS NEEDED

### *Personal hygiene items*

Shampoo  
Deodorant  
Toothbrushes  
Toothpaste  
Soap  
Towels  
Washcloths  
Baby shampoo  
Baby soap  
Baby diapers  
Adult diapers  
Ensure

### *Cleaning products*

Cleansers  
Paper towels  
Toilet paper  
Brooms  
Mops  
Sponges  
Laundry baskets  
Laundry detergent  
Dish detergent

### *Kitchen items*

Plates  
Cups  
Bowls  
Silverware  
Skillets  
Pots  
Pot holders  
Dish towels  
Can openers  
Spatulas

### *Bedding*

Twin Beds  
(\$160)  
Full Beds  
(\$212)  
Pillows  
Full sheet sets  
Blankets  
Mattress covers  
(Full-size)

## HOMeward BOUND

Contact Misty Goodwin ([misty.goodwin@knoxcac.org](mailto:misty.goodwin@knoxcac.org))

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# CAC

*Helping People. Changing Lives.*